



Volunteering with SLSSC

Volunteer effort is used to help run the club and events for skaters. The cost of club operations and meets is reduced through leveraging volunteer effort. Part of your registration fee can be earned back by volunteering and fundraising.

Volunteer Requirements

The requirement for volunteering for each skater is dependent on the skaters group as follows:

Skater Group	Equivalent Hours	Equivalent \$
1	16	\$200
2	24	\$300
3	32	\$400
4	40	\$500

Note that the amount above is for the first (oldest) skater in the family; rates for second + skaters in a family are 50% of the above.

Volunteer Opportunities

Below is a listing of the various types of volunteer opportunities and the unit values.

Category	Opportunity	Unit Value
SLSSC Board	President of SLSSC	Exempt
	Executive Member	64 hours
Other Boards	SSC/SASSA Board Member (multiple positions)	32 hours
	SSC/SASSA President	32 hours
Coaching	Certified Coach - Level 1 to 4	Exempt
	Coach helper - dry land training also qualifies - the head coach tracks and designates units based on participation	8 hrs for every 8 practices

Category	Opportunity	Unit Value
	Note: coaches receiving an honorarium are not assigned volunteer units	
	Attendance at Coaching Clinics: Level 1 Level 2 Level 3	8 hours 16 hours 24 hours
Oval	Oval Liaison	32 hours
	Ice Preparation	Based on hours
	Putting in lines at the Oval	Based on hours
Club Hosted Meets	Meet Coordinator	32 hours per meet
	Electronic Timer Coordinator	Based on hours
	Concession & Officials Lunch Coordinators	Based on hours
	Chief Officials – finish line judge, timer, starter	Based on hours
	Meet Volunteer – various other positions	Based on hours
	Official Club Photographer Takes pictures at all local meets and events for membership use	48 hours per meet
	Mini Meet Coordinator	16 hours

Additional volunteer information:

- Our club provides food to our volunteers and officials at local meets; donating food for official's snacks and lunches does not count for volunteer units. We do however appreciate all donations.
- Putting up and taking down mats at regular practices is a necessary activity to provide for the safety of all skaters and is a part of the sport. This job does not qualify for volunteer units. This also should not be the coach's job; we rely on parent's willingness to help with this important activity and appreciate your help.
- Volunteering at non-SLSSC events does not qualify for volunteer hours.

For further information or to sign-up please contact: volunteers@slspeedskating.com